

FOOD IN CONTEXT

Culinary Arts, Hospitality, Social Impact and Markets June 1 - 15, 2019

Program Sites: Bangalore and Coorg Mountains

Schedule and Content

After leaving the US on or before June 1, the participants would have arrived in Bangalore by late evening of June 2. The immersion program will begin with a welcome reception on the afternoon of Monday, June 3, a short preview of the program by Manodharma staff followed by an orientation to Bangalore by one of our local hosts.



The schedule over the next 12 days (June 3-14) will include a highly curated and interconnected observational program covering:

- the topics of socially responsive MBA educational programs in management, including <u>hospitality management</u> at the Great Eastern Management School of Bangalore
- an exquisite hands-on introduction to the cuisines of southern India with a Master Chef in her modern studio <u>The Cooking Studio</u>
- a vision of a pioneering organization that sprouted from a resolve that "No child in India shall be deprived of education because of hunger" <u>The Akshaya Patra Foundation</u>
- Shazia

• seeing first-hand the organization and evolution of wholesale and retail markets in vegetables, fruits, flowers, spices & nuts, poultry, fish, and meat

 ultimately comprehending and interpreting the above in the context of culture and southern hospitality will be offered through the generosity of children, staff, principal and founders of a pioneering educational institution of Bangalore <u>Delhi</u> <u>Public School North.</u>

Karnataka as a patron of the arts has nurtured poets, musicians, dancers, story-tellers, writers and artists. Many respected schools of music, Carnatic and Hindustani, over the centuries, have been perfected here. While in Bangalore, Manodharma will do its best to enable the delegates experience some of the authentic genres of these classical art forms.

As part of our stay in Bangalore, we will also do a short tour of Coorg (250 Kms away from Bangalore), an exquisite mountain resort, a jewel in the crown of Karnataka. The sedate climate, misty hills, coffee plantations, spice-growing region, elephant camp on



the banks of the river Cauvery, the Namdroling Monastery, home to the jaw-dropping spectacular Golden Temple, presided over by an 18m-high gold-plated Buddha will be our finale prior to returning to Bangalore airport by late afternoon of Friday, January 14th, so as to enable everybody to catch their return flights to the US by June 15.

Program Directors

Lauren Katalinich, Communications Director, Manodharma

Lauren has an MA in Strategic Communications and has traveled extensively in India, China, and Costa Rica gaining significant proficiencies in language, culture and context. As a communications specialist she traveled with the Manodharma group last year and gained considerable experience in observing first-hand the logistics of managing a faculty immersion program in India.

Pawan Kumar (Mayank) Singh, Delhi Public School, North, Bangalore

Mr. Pawan Kumar (Mayank) Singh is a local education professional with considerable experience in problem solving at the local scale. In addition to English, he is fluent in two of the most commonly spoken local languages (Kannada & Hindi) and is also thoroughly familiar with the geography of Bangalore and vicinity and the cultural context of Karnataka.

Orientation and Literature

All reading material and video content for the program will be made available to all delegates on a shared google drive so that they can prepare to meet each organization.

Day-to-day activities will be described in detail on the itinerary which will be made available by late-April and updated periodically till early June 2019.

Resiliency and Flexibility

Flexibility in every aspect of life is the key to navigating successfully though India. Local circumstances, weather, and traffic jams will rule every day. Overcoming such obstacles and ending each day with a smile on our face will be our motto. That's what we have done for over 1,400 people during the last 13 years. Welcome aboard on the Immersion program with Manodharma!



